



The Elgin Blue Wave Master Swim Team

March 2010 Workout Schedule

Elgin Blue Wave March 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 7:30- 9:00pm	2	3 Practice 7:30- 9:00pm	4	5	6
7 Practice 8:00- 9:30am	8 Practice 7:30- 9:00pm	9	10 Practice 7:30- 9:00pm	11	12	13
14 <u>Elgin Blizzard Meet</u>	15 Practice 7:30- 9:00pm	16	17 Practice 7:30- 9:00pm	18	19	20
21 Practice 8:00- 9:30am	22 Practice 7:30- 9:00pm	23	24 Practice 7:30- 9:00pm	25	26	27
28 Practice 8:00- 9:30am	29 Practice 7:30- 9:00pm	30	31 Practice 7:30- 9:00pm			